



## THERAPEUTIC USE EXEMPTIONS

Athletes may at times need to use a prohibited medication to treat a legitimate medical condition. A Therapeutic Use Exemption (TUE) is an exemption that allows an athlete to use, for therapeutic purposes only, an otherwise prohibited substance or method. International TUEs are administered by the World Powerlifting TUE Committee.

TUE approval may protect an athlete from receiving a sanction if a prohibited substance is found in their sample.

A therapeutic use exemption is only granted provided that there is no unfair advantage given to the athlete by taking the substance or using the method.

As per the World Anti-Doping Code International Standard “Therapeutic Use Exemptions” at [www.wada-ama.org](http://www.wada-ama.org), an athlete may be granted a TUE if they can show that each of the following conditions is met:

- The prohibited substance or method is needed to treat a medical condition and the athlete would experience a significant impairment to health if the substance were to be withheld;
- The Therapeutic Use of the substance or method is highly unlikely to produce any additional enhancement of performance beyond what might be anticipated by a return to the athlete’s normal state of health following the treatment of the medical condition;
- There is no reasonable therapeutic alternative; and
- The necessity for the use of the prohibited substance or method is not a consequence of the prior use of a prohibited substance or method prohibited at the time of such use.



### DO I NEED A TUE?

You only need a TUE if the substance is prohibited and you need to use the substance. However, not all medications are eligible for a TUE and having a TUE will only guard against a possible Anti-Doping Rule Violation (ADRV) if the medication is used as per the TUE. A complete list of medications eligible for TUEs is available from the WADA site.

### WHEN SHOULD I APPLY FOR A TUE?

If you compete at the national or international level or are on your national powerlifting organisation’s Registered Testing Pool or Domestic Testing Pool you should obtain a TUE before taking the medication. In some circumstances, such as an emergency or hospital situation you can apply for a TUE retroactively

### HOW DO I APPLY FOR A TUE?

You should normally apply for a TUE by submitting a TUE Application Form through your national powerlifting organisation that is a member federation of World Powerlifting. If approved that national TUE can be submitted to World Powerlifting for international approval or otherwise



## WHEN SHOULD I APPLY FOR A RETROACTIVE TUE?

For any athlete, retroactive TUE applications may be considered if:

- emergency treatment or treatment of an acute medical condition was necessary;
- due to other exceptional circumstances, there was insufficient time or opportunity for the athlete to submit, or for World Powerlifting to consider, an application for the TUE prior to sample collection; and
- WADA and World Powerlifting agree that fairness requires the granting of a retroactive TUE; or
- the athlete was not required to obtain a TUE prior to competition and/or testing.



You should apply for a retroactive TUE by submitting a TUE Application Form through your national powerlifting organisation that is a member federation of World Powerlifting.

## WHAT IF MY NATIONAL POWERLIFTING ORGANISATION DOES NOT HAVE A TUE COMMITTEE, OR I AM COMPETING AS AN INDIVIDUAL AT A WORLD POWERLIFTING INTERNATIONAL EVENT?

You can apply for a TUE direct to World Powerlifting by completing the form on [worldpowerlifting.com](http://worldpowerlifting.com) and submitting it to [WPTUEC@worldpowerlifting.com](mailto:WPTUEC@worldpowerlifting.com). TUE Application Forms submitted to World Powerlifting should be submitted at least 30 days prior to any international level competitions. Athletes are responsible for all costs incurred by them in submitting their TUE Application Forms. World Powerlifting will endeavour to provide a ruling to all TUE Applications within 21 days of receiving a completed and valid TUE Application Form.